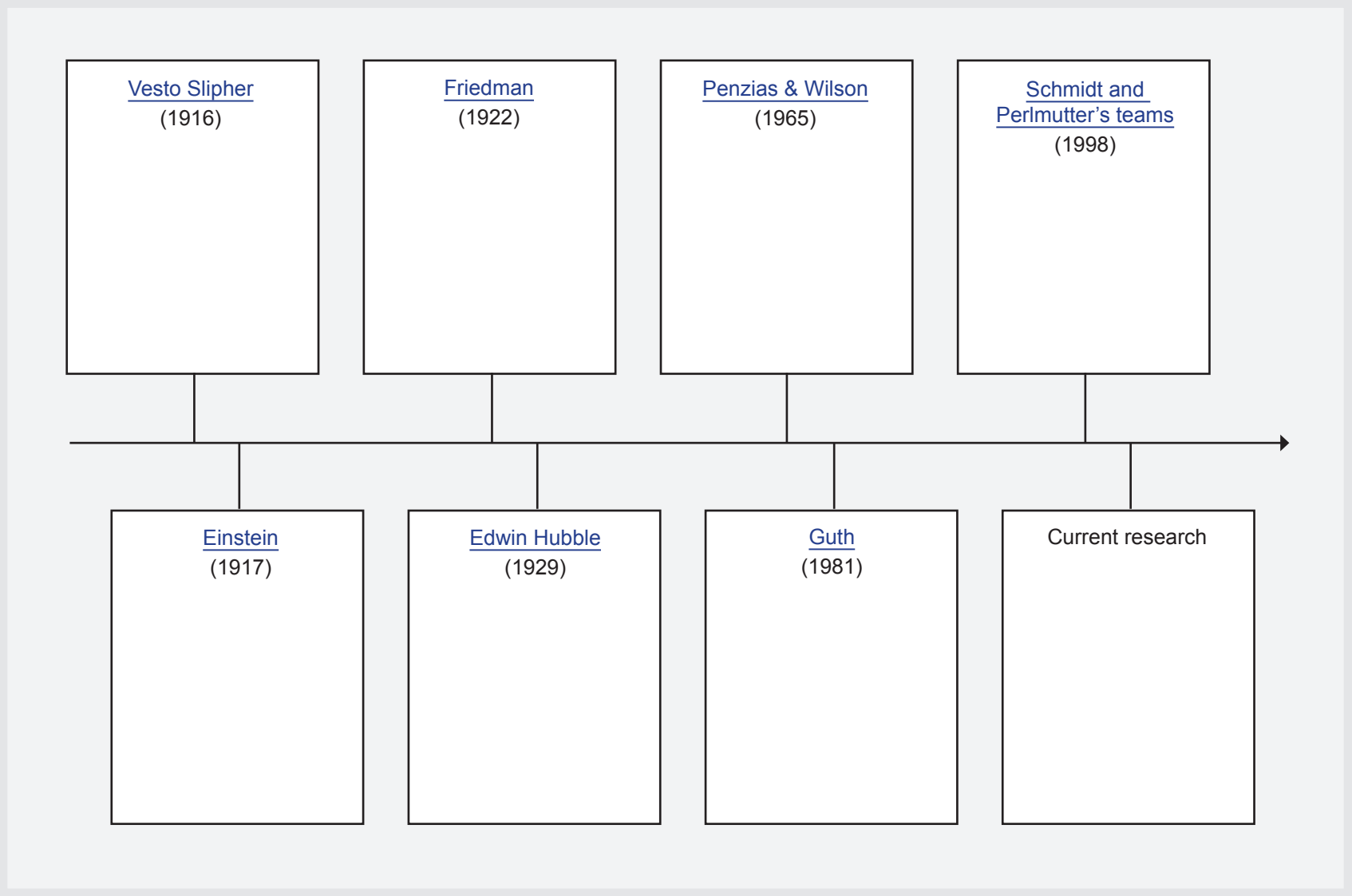A timeline of our understanding of the expansion of the universe