

***ILSI SEAR Australasia and the Australian
Academy of Science National Committee
for Nutrition***

***are pleased to invite you to
a symposium on***

**Should Australia and New Zealand allow more
Vitamin D into the food supply?**

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| Date | Tuesday, 12 June 2012 |
| Venue | Deakin City Centre, Level 3, 550 Bourke Street, Melbourne |
| Cost | \$195.00 \$175.00 Members of ILSI and NSA \$ 95.00 Academics \$ 35.00 All students (all fees include GST) |

**Support for post graduate participation in this workshop from the
Australian Nutrition Trust Fund is gratefully acknowledged.**

Conference supported by:



Should Australia & New Zealand allow more vitamin D into the food supply?

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Objectives:

To address this public health issue by:

1. raising the awareness of academics, government, industry and food regulators of the key public health issue of vitamin D deficiency in the Australian population,
2. highlighting to the government that urgent consideration needs to be given to allowing more vitamin D into the food supply,
3. Proposing food based strategies to effectively increase vitamin D intake of the Australian and New Zealand populations.

Program:

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| 9.00 | Registration and Tea/coffee |
| 9.30 | Prof Andrew Sinclair, Australian Academy of Science National Committee for Nutrition and ILSI SEAR A'asia Introduction and welcome |
| 9.40 | Prof Caryl Nowson, Deakin University Overview: Impact of vitamin D insufficiency/deficiency on health |
| 10.10 - | Prof Rob Daly, Deakin University Vitamin D status of adult Australians |
| 10.30 - | Assoc Prof Andre Renzaho, Monash University Vitamin D status of dark skinned migrant populations and indigenous Australians |
| 10.50 | Morning Tea |
| 11.10 | Prof Susan Whiting, University of Saskatchewan Impact of mandatory fortification of milk with vitamin D in Canada |
| 11.40 - | Prof Rebecca Mason, University of Sydney How effective is sunlight exposure in maintaining adequate vitamin D status in Australians? |
| 12.00 - | Panel discussion Chair: Prof Caryl Nowson |
| 12.20 | Lunch |
| 1.00 - | Dr Georgia Paxton, Royal Children's Hospital, Melbourne Vitamin D deficiency in pregnancy and young children in Australia |
| 1.30 | Prof John McGrath, University of Queensland Vitamin D and mental health ? U shaped relationship |
| 1.50 | Prof Peter Ebeling, University of Melbourne Emerging areas relating vitamin D to health |
| 2.10 | Ms Janine Lewis, FSANZ Current food regulations for vitamin D in Australia and New Zealand |
| 2.25 | Activity break |
| 2.35 | Mr Greg Seymour, Australian Mushroom Growers' Association Vitamin D Mushrooms - The natural solution to Australia's vitamin D problems Mr Wouter Claerhout, DSM Nutritional Products Ltd A perfect storm |
| 3.00 | Panel discussion - Food supply options for increasing vitamin D status of Australians and New Zealanders Chair: Dr Dave Roberts |
| 3.30 | Close |

